

SCHEDULE OF ACTIVITIES

Friday, August 16

Activity

7pm to 8pm	Registration at Carby Chapel. A map of Lutherhill Camp will be provided at registration.
8:00pm	Churches are encouraged to drop off Auction Items in Carby Chapel.
8:00pm	Welcome to Convention Greetings in Carby Chapel.
8:00pm	Wine and Cheese in Carby Chapel.
8:30pm	Opening devotion in Chapel
9:00pm	Campfire 'n S'mores at Hillside

Saturday, August 17

Activity

SILENT AUCTION AND RAFFLE ITEMS ARE ON DISPLAY IN CARBY CHAPEL

7:30am	Labyrinth Meditation
7:30am	Sunrise Yoga on Deck of Carby Chapel
8:30am	Breakfast at the Dining Hall
9:30am to 11:30am	Faith Time in Carby Chapel
11:30am to 1pm	Lunch in the Dining Hall
12:45pm	Delegate Orientation in Carby Chapel
1:00pm to 2:00pm	1 st Business Session in Carby Chapel
2:00pm to 5:00pm	Your Choice of Self-Care Sessions
5:00pm	2 nd Business Session
6:00pm	Dinner in Dining Hall
7:30pm	Sun Set Wine and Appetizers Fellowship Time in Carby Chapel.
8:30pm	Auction/Raffle closes and winners will be announced.
9:00pm	Candlelight Light Devotion in Carby Chapel

Sunday, August 18

Activity

7:30am	Labyrinth Meditation
7:30am	Sunrise Yoga on Deck of Carby Chapel
8:30am	Breakfast in the Dining Hall
9:30am	Sending Worship in Carby Chapel
10:00am	Women of the ELCA Board Meeting in Carby Chapel
10:30am	Campers Depart for Home

SATURDAY SELF-CARE SESSION DESCRIPTIONS

SESSION	TIME	DESCRIPTION
LABYRINTH	7:30am	You are encouraged to walk, sit, pause, pray or play in the Labyrinth. The labyrinth only has one path into the center and return is through the same path. Campers find peace in this ancient meditation tool.
SUNRISE YOGA	7:30am	Stretch your body, and your mind at the same time. Join two yoga instructors to help develop flexibility and strength in our bodies to continue Katie's work.
MASSAGES These are optional and available for additional \$40.	2pm to 5pm	25 minute massage sessions with 5 minute breaks in between will be held in the Ark. If you would like to tip you are more than welcome. ***When you submit your registration form with the Massage Option, a link to the massage schedule will be emailed to you. ***
MEDITATION	2pm to 5pm	The deck of Carby Chapel is reserved for quiet prayer and meditation. You can sit on a bench and rest. Light a candle, or read a devotion. The time to meditate is yours. If it rains, you can use the downstairs classrooms of Carby; they are reserved as a backup site in case of inclement weather.
OUTCAMP	2pm to 5pm	Relax in a hammock, read a book or chat with friends you've been meaning to reconnect but haven't had the time.
SLINGSHOT	2pm to 5pm	Come try out our Slingshot Range! Slingshots, paintballs and safety goggles provided. The fun is naturally included.
POOL	2pm to 5pm	A 100,000 gallon swimming pool is available for usage during warm weather. The pool has a changing area for men and women and is equipped with a low diving board into 10 foot deep water.
PRAYER KNOTS	2pm to 5pm	Learn how to make a macramé hanging plant holder. You will also be re-potting rosemary from Lutherhill.